



सत्यमेव जयते
Government of India



Ministry of Youth Affairs and Sports

Regional Directorate of NSS Bengaluru

&

Visvesvaraya Technological University, Belagavi

Present their compliments and
cordially invites you to witness the

South-Zone Pre-Republic Day Parade Camp-2018

to be organised at

VTU Regional Centre, VIAT, Muddenahalli, Chickballapur Dist.

From 04th Nov. 2018

- Participating States & UT'S -

Karnataka, Kerala, Tamil Nadu, Puducherry,
Andaman & Nicobar and Lakshadweep Islands



DAILY SCHEDULE:

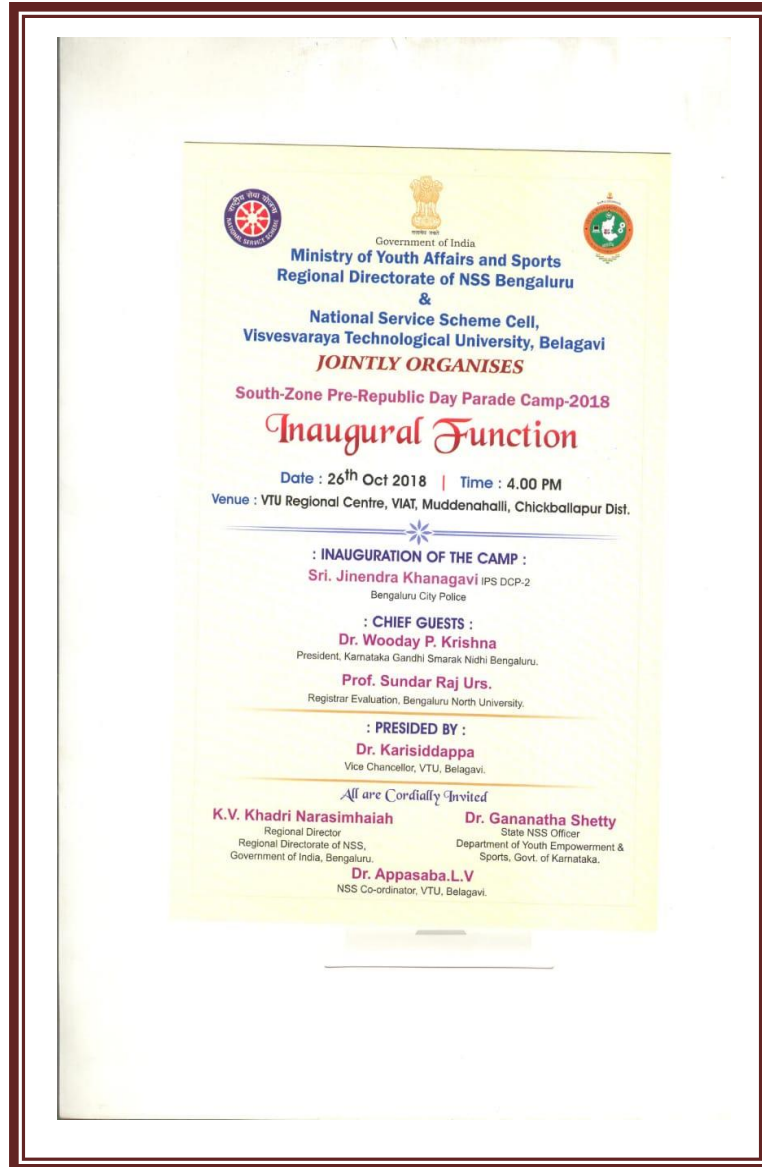
Time	Activity
06.00am	Wake up
06.00 - 06.30am	Morning tea
06.30-07.30am	Roll call,PT,morning Devotion
07.30-08.30am	Breakfast
08.30-12.00 Noon	Parade practice
12.00-1.00pm	Personal time
01.00-2.00pm	Lunch
02.30-04.00pm	Academic session
04.00-04.30pm	Tea break
04.30-05.30pm	Parade practice
05.30-06.30pm	Preparation for cultural
06.30-08.30pm	Cultural programme
08.30-09.30pm	Dinner
09.30-10.00pm	Review meeting of pos & organizers
10.00pm	Lights off

Note:

All the volunteers should obey as per the daily schedule.



Invitation card:





INTRODUCTION:

The south Zone pre Republic day parade selection camp held at Shree Visvasheriyya Technical University Mundanahalli at chickballapur District near Bangalore. Dr. Samuel chelliah there came as the 2019 NSSRD camp director and selected the volunteers for the 2019 RD camp at New Delhi. He also addressed the 200 students from southern states and delivered the motivational talk and energized the volunteers. The camp Director Sh. Kadri Khadri Narasimhaiah and his team arranged the facilities and organized the camp from 26th October to 4th November 2018.

Day 1

On the day one of Pre RD parade camp the Participants from all over states registered for this camp, after registration, we had a lunch and prepare for inauguration function. The function starts at 4.00pm. The volunteer from various states of Karnataka, ketrala, Tamilnadu and Andaman & nicobar were participated in this function and Inagural function started with my dance.



Tamilnadu contingents at inauguration function



Warm welcome to chief guest Dr.C.Samuel chelliah, regional director, Chennai.



During cultural



Day 2

Activity 1:

We wake up at 5.00 am then we had meeting with contingent leader and had a tea then we move to the assembly. All the contingents with their contingent leader have to assemble in the assembly. The flag hoisting ceremony starts at 6.30 and end up at 7.00. In the first day of the camp the day was taken by the volunteer of Karnataka. They made this session so beautiful.



Rangoli by NSS volunteers during assembly

Activity 2:

After assembly we move to the war field for PET parade practice which was handled by Dr. Prasanaa Balaji National college Trichy. It was a wonderful and energetic morning. After the warm-ups and exercise we are ready for the parade practice which was given by Gowda sir who was an RD parade trainer.



During physical activity



Activity 3:

By finishing the morning exercise we had a breakfast which was served by Karnataka volunteer. They served well. Then we fall in to the war field at 8.30 am.



Fall in war field

The parade practice was given by Gowda sir. During 2 hours of practice we had a break then we fall in to the war field. The parade practice was finished at 12.30pm. Then we had a lunch. At 2.30 pm the academic session was handled by Dr. pasanaa balaji sir on the topic of role of youth in national building.

Activity 4:



During academic session

Activity 5:

After the academic session we had a break then we move on the parade practice for one hour. The delightful evening starts with “chak chak swing”.



Gowda sir salute the contingent leader of Karnataka at Evening parade practice

Activity 6:

After the parade practice we ready for cultural program. We enjoyed this session a lot. The volunteer from various states performed their cultural events. It was too energetic performance.

Activity 7:

After the cultural program the flag was hand overed by Tamilnadu contingents and the committee arranged small trip for local visit on 28th Sunday. We had dinner which was served by Karnataka volunteers and we had a meeting with contingents leader for half an hour then the lights off at 10.30 pm.



During cultural



Day 3

Trip started at 8.00 am we went to local place and we visited sites near campus of VTU with Program officers along with camp director. This was an very good opportunity to mingle with other starts peoples. Lets to be supportive of one another!!!

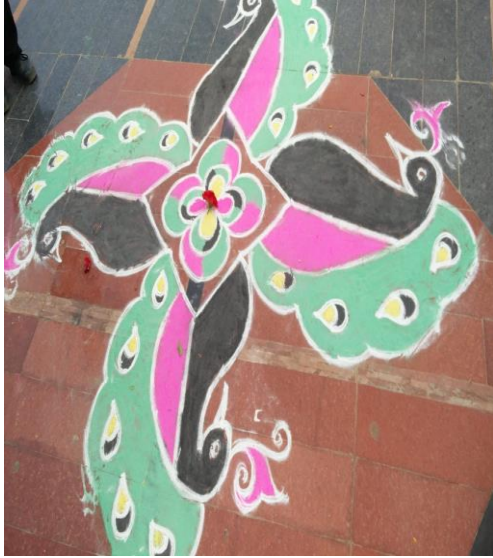


Group photo during site visit



Day 4

Day 4 in-charge was taken by the Tamilnadu contingents the presented the day as Sweet memories during the camp. We woke up at 4.00 am and did some work together.



Rangoli by Tamilnadu and Invited the chief guest by pilot team



During morning assembly I sung devotional song in front of all The flag was hoisted by Dr.UPPIN from Karnataka.After the assembly we went for a PET parade. Day 4 in-charge was taken by Tamilnadu volunteers.



Group photo of day Tamilnadu at assembly



During PET parade

After the PET parade we had breakfast and fall in to the war field at 8.30 am. After the parade practice we had a break .Energetic drink and banana was provided for improve the stamina.Then we fallin to the ground for practice. After parade practice lunch was provided by me at 2:00pm.



On day 4 academic session was taken by sri.B.R.Venkara Ramu , smt Nagaratnamma and sri s Narappa, Government first grade college,Guidbande Chikkaballapur on the topic of “life skills for youth”This was a very good session for young generation to improve their lifeskills.



During Academic session



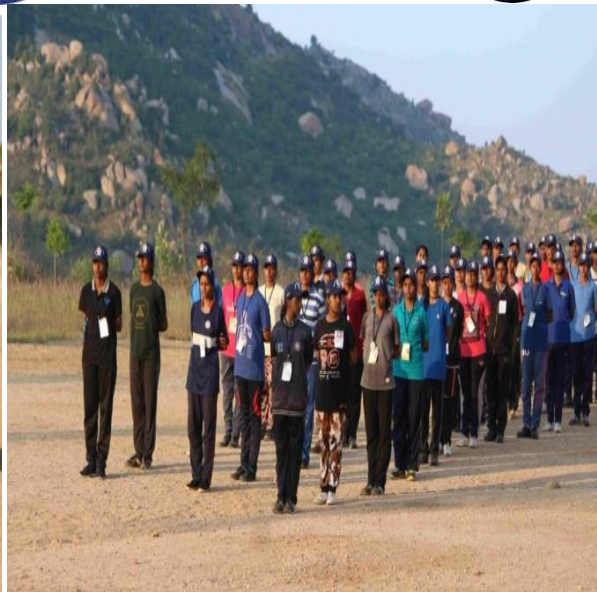
In the evening the students expressed their cultural talents on the stage in front of Sri K.V. Khadri Narasimhalah, regional director NSS. After the cultural the day incharge was handover to kerala contingents and we had a dinner at 9.00 pm .and we had a meeting with our contingent leader. we were dicussed about tamilnadu day celebrations and the light off at 10.30pm.

Day 5

The day started at 5:30 am. Day 5 incharge was given to kerala contingents. Same schedule was followed properly. During parade practice physical fitness test was taken for all the volunteer from Karnataka, kerala, Tamilnadu and Pondicherry of south zone by Mr. Prasanna balaji PET. Academic session was handled by Dr. Mamatha, KLE Pharmacy College Bangalore on the topic of "Social media and youths". After we had parade session and evening cultural startup at 6.30. Next day incharge was had over by Karnataka contingents.



During assembly and PET parade



Morning parade practice



After academic session Evening parade practice was taken by Gowda master. Then we had a tea break.culturals started at 6.30pm.



Cultural by kerala contingents

Day 6

The day starts up with energetic PET parade by Mr. Peasant balaji with new warm-ups and games. After breakfast we had heavy parade practice because selection process will be on 1.11.18 and 2.11.18. After the morning parade the physical fitness test was taken by the selection committee.





Evening parade



And then we had a lunch at 2.30pm. After this we had a last academic session was handled by prof. G.B. Shivaraju, Karnataka Gandhi smaraka nidhi about “Gandhian values for youths. Then we had a parade practice till 5.30 and the cultural started at 7.00 by the Karnataka contingents. They performed well. The session end up at 8.30. The flag was handover by Tamilnadu contingents. Then we had meeting with our contingent leader then we had a dinner the day end up at 10.00pm.



Cultural by Pondicherry volunteers



Day 6:

Day 6 was handled by Tamilnadu contingents. We got up at 5.00 and arrange for assembly. We invited Sri.Shivalingagowda, Physical Education Director. It was an Amazing day because of Gowda sir. Assembly was started at 6.00 am sharply. Gayatri manthara was sung by me. It give more power for involving in parade practice. We didn't have PET parade session. We had breakfast at 8.00 am. The day was full of joy and happiness. After this assemble we had small instruction session for selection process.



Chiefguest invited by Tamilnadu contingents



During assembly

During assemble all Tamilnadu contingents wore white uniform. It seemed to be lovely and Unique. We deserve us with “UNITY IN DIVERSITY”.



Parade assembly

Then we had our lunch .They provide time to take rest and prepare for the interviews and cultural. In evening we cleaned the ground for selection.A small parade practice was conducted by Gowda sir.

Evening cultural was performed by Tamilnadu contingents and the instruction was given by Dr. Samuel chellaiah .The day was end up at 10.00pm.



During cultural



Photo session by Tamilnadu contingents

Culturals by Tamilnadu contingents. We performed together as Bharathanattiyam, folk, karagam, silambam, kavadiyattam. It seemed to be unique. All the contingents were encouraged us for giving a mass performance. The stage was full of gathered by our Tamilnadu contingents.



Day 7

- The selection day startup at 9.00 am.
- Selection committee was arrived at 10.00 am
- First all the contingents from different state saluted the selection committee members.
- Then the group selection process was taken.
- Then note down the chest number according to their performance during parade.



During group selection



During individual selection

After the group selection individual selection was conducted by contingent wise. First Tamilnadu contingents attended individual selection and personal interviews. After us kerala and Karnataka contingents attend the interviews.

I attend my personal interview and selection in front of Dr. Samuel chelliah, Regional director of South zone.



Group photo of Tamilnadu contingents



After the individual selection we had a photo session with our contingent leaders. The selection process was overed at 5.00 pm.After this individual cultural were selection process done.



We took pledge over “UNITY IN DIVERSITY”



Photo session with Karnataka leader.

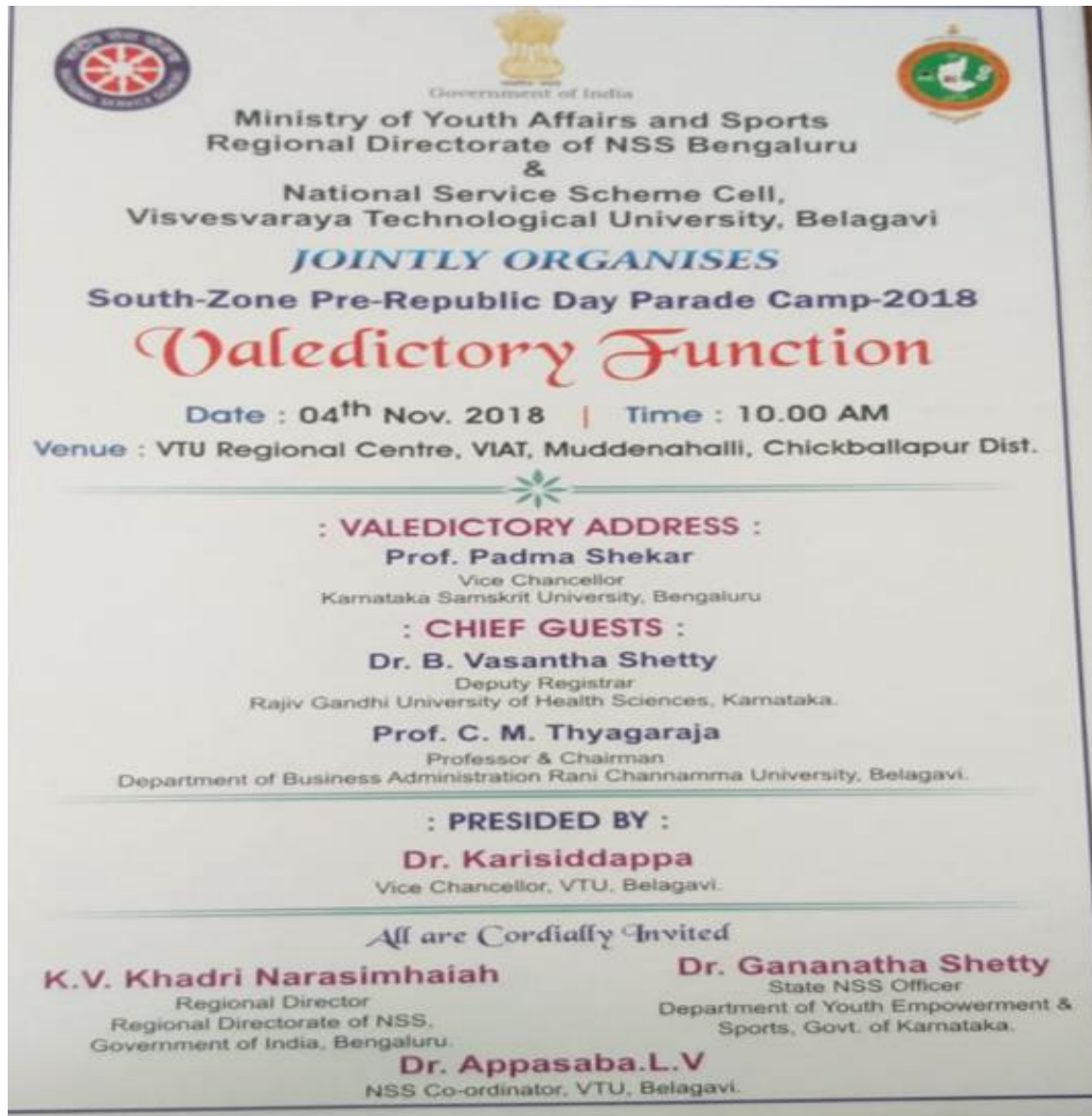


During camp fire



Day 8

INVITATION:



Valedictory function starts with Dr.B. Vasantha shetty.she gave excellent speech about the generations of youth and how to improve ourself.It was a very good session with her.

We honored Mr.SHIVALLINGAGOWDA, PET for training parade practice. The session ends up at 11.00 am. After this we had our lunch and we packed for return back to our native at 2.00 pm.



PRESS NOTES:

ಕನ್ನಡಪ್ರಭ

ಶಿವಲಿಂಗೇಗೌಡರಿಗೆ ಅತ್ಯುತ್ತಮ ಪಥಸಂಚಲನ ತರಬೇತಿ ಪ್ರಶಸ್ತಿ



ಭದ್ರಾವತಿ ವಿಶ್ವೇಶ್ವರಾಯ ವಿದ್ಯಾಸಂಸ್ಥೆಯ ದೈಹಿಕ ಶಿಕ್ಷಕ ಶಿವಲಿಂಗೇಗೌಡ ಅತ್ಯುತ್ತಮ ಪಥಸಂಚಲನ ತರಬೇತಿ ಪ್ರಶಸ್ತಿಗೆ ಭಾಜನರಾದ ಹಿನ್ನೆಲೆಯಲ್ಲಿ ಅವರನ್ನು ಹೇಟ ಧರಿಸುವುದರ ಮೂಲಕ ಸನ್ಮಾನಿಸಿ ಅಭಿನಂದಿಸಲಾಯಿತು.

ಭದ್ರಾವತಿ: ನಗರದ ಹೊಸ ಸೇತುವೆ ರಸ್ತೆಯ ಕರ್ನಾಟಕ ರಾಜ್ಯ ಸರ್ಕಾರಿ ನೌಕರರ ಸಂಘದ ಆಶ್ರಿತದ ವಿಶ್ವೇಶ್ವರಾಯ ವಿದ್ಯಾಸಂಸ್ಥೆಯ ಕನ್ನಡಪ್ರಭ ಡಾ. ಶಾಲೆಯ ದೈಹಿಕ ಶಿಕ್ಷಕ ಶಿವಲಿಂಗೇಗೌಡ ಅವರಿಗೆ ಅತ್ಯುತ್ತಮ ಪಥಸಂಚಲನ ತರಬೇತಿದಾರ ಪ್ರಶಸ್ತಿ ಲಭಿಸಿದೆ.

ಎನ್‌ಎಸ್‌ಎಸ್ ಬೆಂಗಳೂರು ವಲಯ ವತಿಯಿಂದ ಬೆಳಗಾವಿಯ ವಿಶ್ವೇಶ್ವರಾಯ ತಾಂತ್ರಿಕ ಮಹಾವಿದ್ಯಾಲಯ ಸಹಕಾರದೊಂದಿಗೆ ಚಿಕ್ಕಬಳ್ಳಾಪುರ ಮುದ್ದೇನಹಳ್ಳಿ ವಿಟಯ ರೇಜನಲ್ ಸೆಂಟರ್‌ನಲ್ಲಿ ಹಮ್ಮಿಕೊಳ್ಳಲಾಗಿದ್ದ ದಕ್ಷಿಣ ವಲಯ ಪ್ರೀ ರಿಪಬ್ಲಿಕ್ ಡೇ ಶಿಬಿರದಲ್ಲಿ ತರಬೇತಿದಾರರಾಗಿ ಪಾಲ್ಗೊಂಡು ಕರ್ನಾಟಕ, ತಮಿಳುನಾಡು, ಕೇರಳ, ಪುದುಚೇರಿ, ಅಂಡಮಾನ್, ನಿಕೋಬಾರ್ ಮತ್ತು ಲಕ್ಷದ್ವೀಪ ರಾಜ್ಯಗಳ 100 ಪುರುಷ, 100 ಮಹಿಳಾ ಎನ್‌ಎಸ್‌ಎಸ್ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಒಟ್ಟು 10 ದಿನ ಪಥ ಸಂಚಲನ ತರಬೇತಿ ನೀಡಿದ್ದರು.

ತರಬೇತಿ ಯಶಸ್ವಿಯಾಗಿ ಮುಕ್ತಾಯಗೊಂಡು ಶಿವಲಿಂಗೇಗೌಡ ಅತ್ಯುತ್ತಮ ಪಥಸಂಚಲನ ತರಬೇತಿ ಪ್ರಶಸ್ತಿಗೆ ಭಾಜನರಾದರು. ಈ

ಹಿನ್ನೆಲೆಯಲ್ಲಿ ಕರ್ನಾಟಕ ಸಂಸ್ಕೃತ ವಿಶ್ವವಿದ್ಯಾನಿಲಯದ ಕುಲಪತಿ ಪದ್ಮಾಶೇಖರ, ರಾಜೀವ್ ಗಾಂಧಿ ವಿಶ್ವವಿದ್ಯಾನಿಲಯದ ಕುಲಸಚಿವ ವಸಂತ ಶೆಟ್ಟಿ, ಶಿತ್ತೂರು ರಾಣಿ ಚೆನ್ನಮ್ಮ ವಿಶ್ವವಿದ್ಯಾನಿಲಯದ ಕುಲಸಚಿವತ್ಯಾಗರಾಜ್, ಎನ್‌ಎಸ್‌ಎಸ್ ವಲಯ ನಿರ್ದೇಶಕರಾದ ಕೆ. ವಿ. ಖಾದ್ರಿ, ನರಸಿಂಹಯ್ಯ, ಕಮಲಾಕರ್, ಶ್ಯಾಮಲೇಚಲಯ್ಯ, ಕಾರ್ತಿಗೆಯನ್ ಇನ್ನಿತರರು ಶಿವಲಿಂಗೇಗೌಡ ಅವರಿಗೆ ಪೇಟಾ ತೊಡಿಸುವುದರ ಮೂಲಕ ಸನ್ಮಾನಿಸಿ ಅಭಿನಂದಿಸಿದರು.

ಅತ್ಯುತ್ತಮ ಪಥ ಸಂಚಲನ ತರಬೇತಿ ಪ್ರಶಸ್ತಿಗೆ ಭಾಜನರಾದ ಶಿವಲಿಂಗೇಗೌಡ ಅವರಿಗೆ ವಿದ್ಯಾಸಂಸ್ಥೆಯ ಅಧ್ಯಕ್ಷ ಡಾ. ಜಿ.ಎಂ. ನಟರಾಜ್, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಸರ್ಕಾರಿ ನೌಕರರ ಸಂಘದ ಅಧ್ಯಕ್ಷ ಎನ್. ಕೃಷ್ಣಪ್ಪ, ಪ್ರಧಾನ ಕಾರ್ಯದರ್ಶಿ ಎ.ಕೆ. ಚಂದ್ರಪ್ಪ, ಜಿ.ಎಚ್. ಪ್ರಭು, ಎಂ.ಎಸ್. ಬಸವರಾಜ್, ಎ.ಜೆ. ರಂಗನಾಥಪ್ರಸಾದ್, ರಾಜಪ್ಪ, ಜಯಪ್ರಹಾರ್ಗೂ ಆಡಳಿತ ಮಂಡಳಿ, ಶಿಕ್ಷಕ ವರ್ಗ, ಸಿಬ್ಬಂದಿ ವರ್ಗ ಅಭಿನಂದಿಸಿದೆ.

ARASU ENGINEERING COLLEGE

KUMBAKONAM -612 501

NATIONAL SERVICE SCHEME



NSS REPUBLIC DAY PARADE 2019

NSS VOLUNTEER : G.G.HARINI

NSS PROGRAMME OFFICER : GANESH

NSS REPUBLIC DAY PARADE 2019 PARADE REPORT

DAY 01 and 04

30.12.2018- 01.01.2019

On 30st December 2018 afternoon around 2 PM, I had a meeting at Sasthri Bhavan with Dr.C.Samuel Chelliah, NSS Regional Director of Chennai region. He gave a small orientation about the RD camp Delhi. Then they issued the Jersey to the RD contingents. And we had a lunch along with camp director. Then we went to marina beach. Around 8:45 my contingent leader Ganesh and we all reached the Central railway station. By 10:30 pm Tamilnadu Express the journey started and I reached New Delhi at 02.01.2018 around 7:30 am. The government has allotted the accommodation at INTERNATIONAL YOUTH HOSTAL in New Delhi. And the day ended by interacting with my colleague RD participants.





Day 05

03.01.2019

The day started with some workout and yoga practice at 5.30 am. After the workout I had breakfast around 7:30 then assembled at 9 am near police memorial for the very first day parade practice and it was till 11:30, at 11:30 there was a fruit break and then the parade session continued till 1:00 pm, after the tiring parade practice I had my lunch around 3pm .Around 4.00pm the Camp Director Mr.C.Samuel chelliah and **M.Ramakrishna**, the Parade commander gave a brief note about the work to be done in this camp. Then at 5:30 pm I had my tea break followed by cultural program orientation. By 8:30pm my dinner got over then the day ended with lot of new experiences.



Day 06

04.01.2018

The day started with warm-ups and exercise at 5.30. As the schedule given above was followed regularly, we had second day parade practice near police memorial. Parade By 5:30 I had my tea break followed by cultural program performed by Ahmadabad region volunteers. It was a new experience watching the different culture practiced by Ahmadabad. By 9:30pm I had my dinner that day ended with an enthusiastic experience.



DAY 07

05.01.2018

We got up at 4:30 am. Warmups were given to get energy for parade. After breakfast we fall-in near police memorial. The parade practice ended up at 12:30 pm. Then we had our lunch. I had my academic session by a lawyer on the topic "Fundamentals of Constitution" he told that basics of constitution and I interacted with him by clearly explaining the meaning of all words in the Preamble. By 5:30 I had my tea break followed by cultural program performed by Bangalore region really it was a visual treat various dance forms of Karnataka were performed and the programme ended by 10pm. Then I had my dinner with all my RD participants from different states it was very fun to have the dinner with them and I interacted with all and my day ended with some wonderful memories.



Day 08

06.01.2019

My day started at 5:30am with some funny workouts and meditation .Then I had my breakfast and moved to my parade session .My practice went on with some enjoyment and at 11:40am a small fruit break was given then again my practice went on till 1:30pm.Then by 2pm I had my lunch after some interesting discussion with my other RD contingents I assembled at 4pm and parade practice went on around 5:30. we had tea break then the cultural program was performed by Chandigarh region various forms like Punjabi, Bangra and skit was performed by them it was fun filled and the skit was very emotional the topic was about the relationship between the soldier and the mother it was one of the best skit I've ever seen the performance was very good and it convey the message to all the people who were present in the hall though there is language barrier but there is no barrier to emotions this shows the unity of the people and the emotions that every person has. Then I had my dinner with all my RD participants from different states it was very fun to have the dinner with them and I interacted with all and my day ended with some wonderful memories.

DAY 9

07.01.2019

By around 2 pm as Tamilnadu contingents are supposed to perform the cultural so I got ready myself and all the other contingents decorated the stage with flowers and we decorated the welcoming area with flower and in the centre of the flower decoration we placed the kuthuvilaku and then the cultural program was started around 6pm the first performance was Bharatham which was given by me infront of **YOUTH MINISTER**. Then I had my dinner with all my RD participants from different states it was very fun to have the dinner with them and I interacted with all and my day ended with some wonderful memories. I had my academic session Mrs. Saritha Patel, the Regional Director of Kolkata spoke on the topic “Youth Empowerment” .She said that youth empowerment is a process where children and young people are encouraged to take charge of their lives. They do this by addressing the situation and then take action in order to improve their access to resources, values and attitudes. It aims to improve quality of life. Really it was an inspiring speech



Day 09

08.02.2018

Mr. BOOTA SING one of the Army officer he gave us the parade training at initially it was very difficult to grasp but I managed to cope up with his instructions and I've given my best out today's parade practice .My practice went on and at 11:40am a small fruit break was given then again my practice went on till 1:30pm. Then had my lunch after that there is an cultural rehearsal all the contingent are asked to wear their cultural attire and according to the program list the rehearsal started the 4th performance was given by Tamilnadu. The NSS Camp Director Ashok Shrothi Sir gave brief note about the rules and regulation and asked us to maintain the discipline and decorum. . Then I had my dinner with all my RD participants from different states it was very fun to have the dinner with them and I interacted with all and my day ended with some wonderful memories.



DAY 10

09.01.2018

There was an inaugural ceremony started around 7 pm and the chief guest of the event was Shri Rajyavardhan Singh Rathore Minister of youth affairs and sports Dr. A.K.Dubey I.A.S Secretary (Youth affairs) government of India Ministry of youth affairs and

sports , Mrs. Kiran Soni Gupta I.A.S Addl,Secretary & F.A (Youth Affairs) government of India Ministry of youth affairs and sports. The function started with more joy and happiness .All the guest gave a short and sweet speech to us and the performance started as per the list and the Tamil Nadu's performance was 4th.After every performance completed the guest gave the feedback and the programme ended with the national anthem. By 9:30 I had my dinner and my day ended with lots of fun and joy.



DAY 11

10.01.2018

As the day passes my wake up time reduced .My day started at 5.00am.After yoga and exercises as usual meditation was there after that I had my breakfast and moved to my parade practice. The parade practice extended till 1:30pm .After my lunch, around 2;30pm my parade practice continued till 5;30pm.After my parade session got over there was the selection for the cultural performance which is to be performed infront of the Prime Minister on 24th January. Therefore I was selected and asked to perform Bharathanattiyam. I was very happy and felt very proud to be selected in the cultural event I was curiously waiting to showcase my cultural talent before the honorable Prime Minster and the other higher authorities. I felt very pride and privilege because there were only 15 RD contingents selected to perform in this cultural event and I'm one among them. After my selection got over C.Samuel Chelliah the Regional director of Chennai had a sudden visit to Delhi and gave a motivational speech to all the participants and

followed by that the cultural performance started by Delhi contingents. Really the performance was mind blowing and extraordinary. Finally after my dinner my day ended with lots of entertainment and fun.



DAY 12

11.01.2018

After my parade session completed my cultural performance practice started Mr.Gobal was our choreographer our cultural practice extended till 7:30 pm after that the cultural performance by Guwahati contingents in a very well planned manner. After their performance the national anthem was played and I moved to my dinner. The dinner was very delicious and tasty and I had some great time with my friends later I went to my bed with lovely memories.

Day 13

12.01.2018:

As usual my day started with exercise and meditation and with few warm ups which made my day very fresh. After my warm up session I had my breakfast and moved to my parade practice, the practice was very hard ,though I managed to handle it because I had only one thought to march at RAJPATH on 26th January. At last the day ended with the cultural performance of Poona region and I had my dinner and went to my bed with lots of blessings and happiness.

DAY 14

13.01.2018 – bhogi ,lohri

As usual the day schedule was followed evening we celebrated lohri.in evening cultural performed for Tamilnadu contingents.



DAY 15

14.01.2018: PONGAL DAY celebration



Pongal was prepared by me and Ajithkumar of Tamilnadu. All enjoyed the day with tasty pongal.

In academic session I invited the chief guest for the growth of young generation speech. It was a fantastic session and really interactive academic session. On this day we have lite warm-ups only. After that we had a cultural practice and had meeting with contingent leader then we went to our respective rooms.



DAY 16

15.01.2018: MATTU PONGAL

. As usual schedule was followed we had full day parade practice at ground and evening cultural practice .Really it was a targetable day of jan26 and I have a leg pain .i tacked all the pains inside and waiting for the achievement.

DAY 17

16.01.2018

My day started at 5am with some warm exercise, meditation, some yoga. After that I moved to my breakfast session. The food was really delicious. After my breakfast as usual I

moved towards my parade practice session. Today there was a small selection on the marching. Each file contingents were asked to march separately. I had confident in myself that I will be selected .unfortunatly I was not selected , but my parade trainer Mr. Amrit said that this selection is not permanent it will be done everyday to see the stamina and the perfect marching skills of everyone. Really it was a hard selection because out of 200 NSS contingent only 160 are allowed to march in the file at Raj path so I did my best.I was not selected but I didn't loss my hope.my confidence level would increased day by day. After selection process at 11. 30am I had my fruit and water break . Then again I moved to my parade practice session. After my hard practice I had my lunch at 1:30pm .And I again I went to my parade practice . after that I had my tea at 5:30pm and moved to my cultural practice session which again made me feel happy .At last the day ended with the cultural performance of Pune region and I had my dinner and went to my bed with lots of blessings and happiness.

DAY 19

18.01.2018

Day schedule was followed .Mobile are not allowed for the camp during practice and it was too hard to take photos.we had only parade practice and cultural practice.I'm the one who participated both in parade and cultural amoung Tamil nadu contigents .really it was too proud for me to participate in both.I worked hard because the did day by day selection.My only target is to walk in Rajpath and meet the PM of India.with my target the day went off.

DAY 20

19.01.2018

Today my parade practice was at DAYALA SINGH college Delhi . The practice was only from morning 8.00am to 11.30am then I had a fruit break then we all moved to the police memorial where I enjoyed a lot because the staffs there gave us some entertaining activities .Then they gave us some refreshments and I moved to my room and took rest .Then we had a small interactive session with my friends then I had my tea break, cultural practice and today's cultural performance was given by some volunteers of different states. And we had lots of fun and enjoyment. Then I had my dinner and went to my bed.

DAY 21

20.01.2018

My day started with very excitement because today's parade practice was at the great RAJ PATH at India gate so my wake up time was 4.30am and I assembled at 5:30am. Really it was so cold and it was only 3 degree Celsius. Then the practice extended till 11.30am. After the practice I had my fruit break and I moved to my room and took rest for a while. Then by 1.00pm

I had my lunch and went to my afternoon parade training and did my best .



Then I had my tea break and then a usual my cultural practice went on with some enjoyment and fun. Then Trivandrum region performed their cultural dance and the day ended with lots of activity and enjoyments.

DAY 22

21.01.2018

My day started at 4.00am, the climate was so cold, and it was only about 3 degree Celsius. My parade commander asked to assemble at 5.30am to practice at Raj path. I wore uniform for the practice and assembled at 5.30am myself and all my contingents moved towards the practice session .Mr.Amrith my parade trainer started to give me training. First he gave some kathamthal and then running and jogging to warm up my body. By 6.30am my first practice session was completely. I marched about 8kms then all the RD participants of different troops assembled for the 1st rehearsal. By 7.00am the rehearsal started at first the camel troop started the rehearsal followed by that Commanders troop, Tank pot rating military prowess e.g. -Nirbaya missile, car troop, next the three Supreme forces of our nation, Delhi police force, NCC boys and girls. Then finally we the NSS troop marched at Raj path .Then by 11.45am I had my fruit break and I returned to my hostel. Later I had my lunch and took rest for an hour and again my parade

practice started. Then by 6.30pm I had my tea break and moved towards my cultural practice session. After that my camp director announced that 23rd is full dress rehearsal therefore 22nd will be a resting day, I felt very happy and relaxed. Around 10:00pm I had my dinner and went to my bed with a peaceful mind.

DAY 23

22.01.2018:

Happily my day started at only 8.00am. After very long days I had a very good and long sleep. I had my breakfast At 8.45am then I was having fun with my co contingents. By 12.00pm I had my lunch and then they issued new black shoes, NSS uniform. Then my parade trainer Mr. Boota singh set the cap and the uniform for everyone. And then I had my cultural practice session at 5.00pm my practice extended till 7.30pm then I had my tea break and again my camp director and parade commander gave some instructions then they issued a blue color ID card which is very important. They said that if I did not wear it when I enter the Raj path they will not allow me inside. Then my contingent leader gave me the ID card and asked me to issue it to my contingents. Then me and my friends had our dinner and went to our rooms, And my day ended with lots of expectation for tomorrow's rehearsal.

DAY 24

23.01.2018:

My day started at very early that is exactly at 3.30am. I got ready with all my NSS uniform by 4.30am and had my breakfast bread, milk, and boiled egg. And I assembled around 5.00am and I wore my blue Id card and moved towards our rehearsal. Around 5.45am we all reached the Raj Path , then my parade trainer gave some warm ups to heat our body and match the weather condition in the early morning, We all made our self very prepared for the rehearsal, around 7.30am the rehearsal started. Really it was very happy and proud to march from the Parliament till the India Gate. Really it's a god's gift. After my rehearsal I again went back to my hostel and again I had my breakfast at 11.00am and went to my room for resting and after two hours again I had my lunch and my choreography asked us to get ready for the cultural rehearsal at PM's home likewise I got ready and we all moved to his home. I was eagerly waiting to see his home and finally I reached his home when I got down from the bus my eyes was fully filled with lots of colorful flowers in his garden and, his home was getting decorated for the republic day function then NCC was already practicing so we were waiting for some time and then we started our practice there and after sometime we had our rehearsal. We had lots of fun and enjoyment there. By 3.00pm I returned back to the hostel.I moved to my tea break and after I

moved to cultural and I had a stomach full dinner around 10.00pm I went to my room and had a good sleep with many interesting memories.



DAY 25

24.01.2018:

The day started with a fresh mind at 5.30am by 7.00am I had my breakfast and then I moved to my parade practice session. After a heavy practice by 11.30pm I had a fruit break then my practice continued till 1.00pm. cultural candidates moved to the Prime minister's home. There was a heavy security, after clearing all the security. I again got ready for the dance performance before our Honorable Prime Minister Mr. Narendra Modi. I was eagerly waiting to see him, once when I saw him I could not believe my eyes that I'm standing before him. After that he took photos with all the groups and went to his seat. Then in a well planned manner the program started I felt very proud and happy Today our camp director in the cultural session said that today by 7.30pm our Minister of sports and youth affairs are visiting the camp therefore

from each state we are suppose to perform one cultural program Then again as my daily routine I had my dinner and went to my bed with lots of happiness.



Photo session with PM



Photo session with Camp Director and Dance master

DAY 26

25.01.2108:

I woke up at 5.00am and had a small warm up session then as usual by 7.30 I had my breakfast and moved to my parade practice session. Around 10.30am Then we had no parade practice. We were asked to take rest and I was let free. By 6.30pm they asked me to assemble and I had my tea . Then my camp director, parade commander, parade trainer and all the contingent leaders wished me the good luck for the parade that I'm going to perform tomorrow at Raj Path. Then all my friends we exchanged our wishes to each others. Then happily I had my dinner and went to my bed with lots of excitement for tomorrows morning.



DAY 27

26.01.2018:

Finally the day for which I was waiting came today. My day started at 3.00pm and I got ready and had my breakfast at 4.30am and by 5.30am I reached Raj Path with all my RD family. There was a heavy fog and mist where I could not see the person standing before me. Finally with the great band sound the REPUBLIC DAY celebration started, various troops were arranged in the order to march we were the last one to march in this function. The honorable President Mr. Ramnath Govindh and Prime minister Mr. Narendhra Modi arrived to the guest

place along with some of the ministers and guest from various countries. The celebration started around 8.00am, the Raj Path was filled with the public crowd. All were happily enjoying the function. Now it's the time for NSS we the troop to march with lots of energy and excitement because we are the only civilians who do parade on the republic day. All the audience encouraged us and finally I reached the guest place I saw Mr. Narendhra Modi and Mr. Ramnath Govindh and other guest who were seated . Then I successfully completed my parade. All my contingents were filled with happiness and some expressed their happiness by their tears and I too had a fulfilled feeling and we all returned back to our hostels and had my breakfast and went to my room. Then I had my dinner and went to police memorial with a very happy and completed feeling.





policememorial

DAY 28

27.01.2018:

After my deep sleep I woke at 6.00am. My camp director asked us to wear the blazer a casual NSS uniform. He said that first we are going to visit the great Rashtrapathi Bhavan the place where the president stays. Then our whole cultural team and other contingents were taken there. Really it was a visual treat for me the garden was filed with many flowers like rose, tulips, marigold, carnations etc., the Bhavan was simply super no words to explain. I got Goosebumps when I saw all the things around there. Finally we took a group photo with the president and then we all moved to our hostel and had our dinner and then I went to my room. My day ended with a wonderful memory.



Photo session with President of India

DAY 29

28.01.2018:

After all my cultural and parade activities my camp days are marching toward the end, my day started at 6.00am and had my breakfast at 8.00am and today my camp director asked us to wear the blazer a casual NSS uniform and he took me to the Vice president's home around 11.30am the Vice president Mr. Vengaya Naidu arrived to meet us in his garden. Same it was really nice seeing the wonderful colors of flowers and trees. Then he interacted with all the contingents of NSS later we had brunch with him and we moved to our respective hostels and took rest. By evening we had a small orientation about the happy trip that we were going on 29.01.2018 and 30.01.2018 to the TAJ MAHAL, LOTUS TEMPLE AND QUTUB MINAR our camp director was announcing about the dressing code and the timing which must be strictly followed by all of us. By that a small cultural performance was giving by few RD contingents and we all had our dinner and went to sleep. My day ended with little worries because no parade and no cultural practice anymore .



DAY 30

29.01.2018:

My day started at 4.00am, I got ready and had my breakfast at 6.00am, and we were taken to one of the wonders of the world that is TAJMAHAL. Around 10.00am I reached there I took my pass and along with my contingents and contingent leader I entered the Tajmahal I enjoyed the art over there really the marble art was mind blowing and wonderful no words to explain. I took many photographs there and spend lots of time sitting in front of the Tajmahal by admiring the beauty of it and my eyes filled with tears, around 3 pm they took us to AGRA UNIVERSITY and I had my lunch there and I returned to my hostel at 10 pm then had my dinner and went to my room with lots and lots of lovely memories.



30.01.2018

I woke up early in the morning around 6am .We are ready to visit lotus temple.suddenly one cal arrived .Unfortunately my grandma was died.I booked the flight tickets and Camp director Samuel sir took me to the camp and give some instruction.I went to Airport with my contingent leader Mr.Ganesh.He sendoff me safely.Finally I landed Chennai at 4:30pm.

DAY 32 to 34

31.01.2018 -2.02.2018:

finally they all reached Chennai Central Railway Station around 7:30 am and I joined with them in junction. Then my stay was at Madras school of social work I refreshed at there and went to meet the honorable Governor Mr.Banvarilal Prohith. And had my breakfast. We shared our experience there around 2:30 pm .we shared our experience and by 4:30 pm we went to our hometown with our parents and my mind and heart was fulfilled with lots of lovely moments and memories. In this camp I've gained lots of experience and my maturity level is also been increased. For this I must thank my UNIVERSITY for giving this wonderful opportunity.



Photo session with Governor

Feedback was given by me in the NSS cell of Anna university



Photo session with management of AEC

I thank all the members behind me



PRESS NOTES:



National Integration Camp 2018

Organized By
Tamilnadu State NSS Cell

**Department of Youth Empowerment and Sports Government of Tamilnadu,
Ministry of Youth Affairs & Sports**

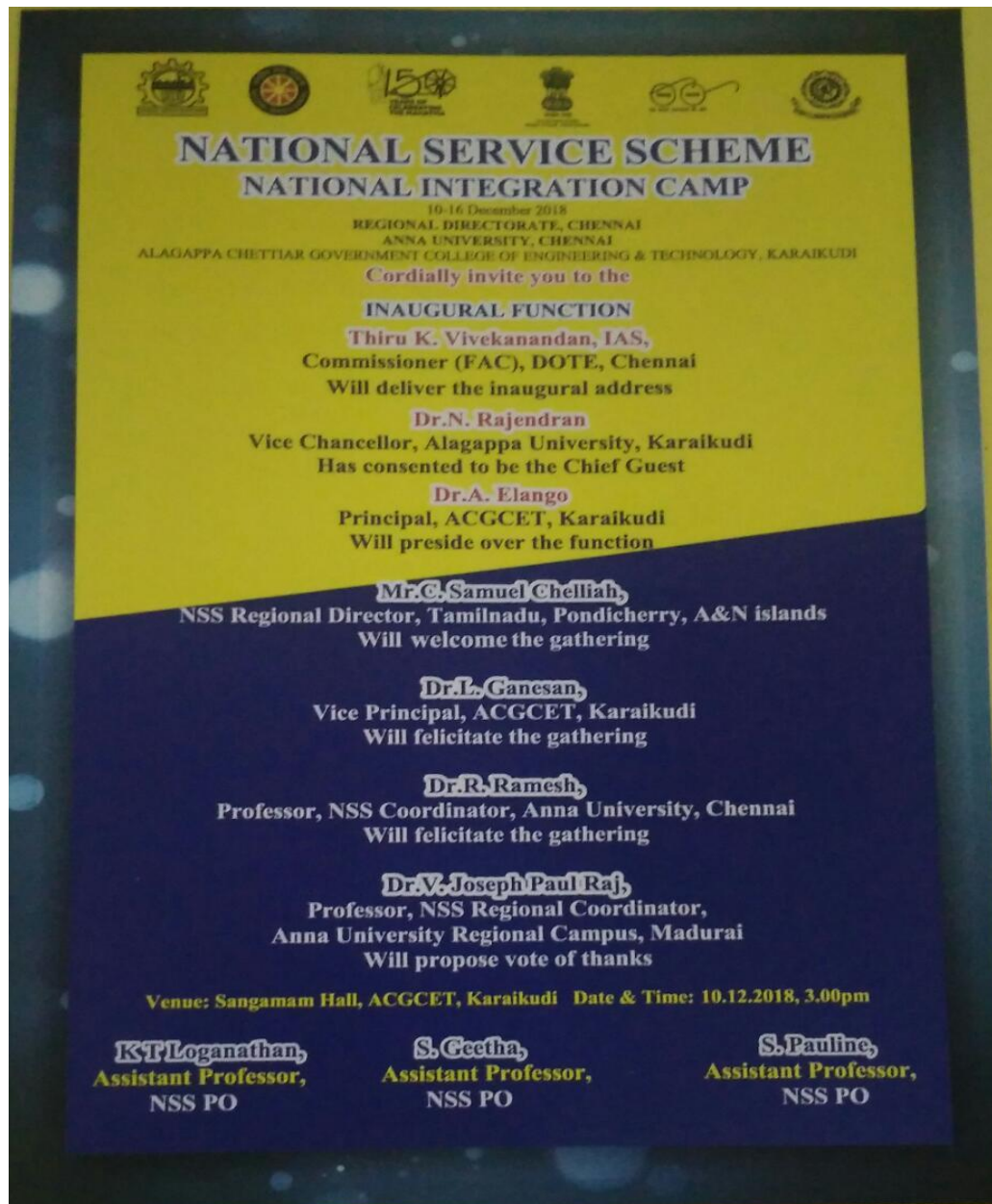
**The National Integration Camp (NIC) organized Alagappa Chettiar
Engineering and Technology at karaikudi**

from 10th to 16th DECEMBER 2018.

Venue
Alagappa chettiar Engineering and Technology ,
Karaikudi -630004,
Tamilnadu.



Invitation Card



Introduction:

- The National Integration Camp(NIC)2018 was very successfully organized by the NSS Regional Directorate, Chennai from 10-16 December 2018 at Alagappa chettiar Engineering and Technology at Karaikudi. There are 210 participants plus 50 volunteers participated in the camp.
- The camp also included the educational trip to Rameswaram . we thank The Alagappa Engineering College principal, Dr.Ramesh Anna University NSS coordinator and Dr.Yuvaraja, Dr.Joseph, Dr.Loganathan who shouldered main responsibilities and coordinated very well and successfully organised with a help of dedicated NSS volunteers. This camp is the grand grandeur of success and added another feather in the achievements of NSS Regional Directorate, Chennai.
- The National Integration Camp motivational class to 350 students at Alagappa College of Engineering and Technology at Karaikudi.
- Dr. Samuel chelliah took a session on 5 finger formula for success and fine tune our personality. Everyone enjoyed and enriched themselves by the output of the class. The all India camp has 280 students from 11 states Assam, Karnataka, Telungana, Maharastra, Madhya Pradesh, Utter Pradesh, Rajesthan, Odisha, Gujarat, Puducherry and Tamilnadu were participated in this program.
- It was a great delight for all of us. Great academic session handled by Dr.Samuel chelliah regional director.



Function start as per Indian culture lighting lamp by the dignitaries



Inauguration function started with my dance

INAUGURATION:

- The National integration camp of ministry of a youth affairs and sports, Govt. of India inaugurated at Alagappa Chettiar Government college of Engineering and Technology at Karaikudi in Tamilnadu.
- The camp inaugurated by Dr.V.Balachandran special officer Alagappa University and principal .Dr.A.Elango presided it and Dr. L.Ganeshan

felicitated. Dr. Ramesh NSS coordinator Anna University Chennai given special address.

- Regional director Dr. Samuel chelliah welcomed the gathering and given a note on the purpose of the camp. Dr. Joseph offered vote of thanks.
- The south Tamilnadu NIC kick started in a brilliant and pleasant manner very colourful and wonderful inaugural ceremony. Dr. Loganathan NSS program officer of Alagappa Engineering College and his dedicated team made all arrangements for the Inauguration.

DAY 1

- On the day one of NIC the Participants from all over states registered for this camp, After registration, Nss Regional Director C. Samuel Chelliah (Chennai, Andaman & Nicobar, Pudhucherry) gave general instructions regarding the NIC camp.
- After the post lunch, C. Samuel chelliah sir, Welcomed the gathering for the Inagural function of the NIC 2018. The Presidential address was given by the principal of this great institution, Dr. A. Elango.
- He expressed his gratitude for the opportunity provided to organize this National Integration Camp in this college.
- NSS Logo and volunteer diary was released by Dr. V. Balachandaranand, Dr. V. Ramesh babu. Dr. L. Ganesan, the vice principal of this institution encouraged the participants, by quoting the ABC-rules of NSS.
- Then Dr. V. Balachandar, special officer P&D-Alagappa University, Karaikudi expressed his happiness about the presence of mini-India in NIC 2018. Then Dr. B. Ramesh Babu, the Dean-CECRI motivated the

participants of co-ordinator of Anna University narrated the aim and objective of conducting NIC 2018.

- And then, the NIC-pledge was taken by all the participants. The incharge for the next day of the camp was hand over to the contingent leaders of the states-Tamil Nadu, UP and Gujarat. NSS-coordinator, Anna university-Madurai region. At evening the cultural fest begun to enlighten the participants with their respective traditional dances.



Energetic warm-ups

DAY 2

Activity 1:

By 6.00 AM the flag was hoisted by Dr.L. Ganesan along with the NSS coordinators ,program officers of various starts and he shared thought of day admist the participants.



Activity 2:

By 6.30 am we fall into the ground .Then the participants of all the states were engaged in warm-ups and yoga practice. That activity could helps us to increase our muscle tissue. And also it helps us to migrate our body during that climate easily and prepares our muscles for stretching too. It prevents a rapid increase in blood pressure. Finally we are mentally ready for upcoming sessions. The activity was end up at 7.30.





Activity 3:

The session started at 10.00 AM by Dr. Ramesh Babu, the Dean scientist-CECRI and the portrayed the beauty of the earth and also how the pollution affects the beauty of the earth. Then the next session on resume building was conducted by Dr. Karthiresan sir, HOD of English Department. Post lunch session was handled by Dr.D. Ram Kumar, AP Government Arts College, paramakudi and he highlights the generation gap due to the advancement of Technology. He also explained the ways to minimize this gap for the prolonging the smooth relationship of parents and children.



Activity 4:

Then field activities was carried out by the participants around the hostel premises.



Activity 5:

After that oratory competition, essay, verse, song and slogan writing competitions was held.

Activity 6:

The cultural program was starts at 6.00pm. All the participants of various starts performed their traditional dance. we really enjoyed this sessions lot.



The Day 3 incharge was handed over to Madhya Pradesh, Maharastra and Telugana.

Activity 8:

With dinner we end up day2 activities at 9.00pm.

DAY 3

Our Indian Flag was hoisted by our Principal Dr.A. Elango. After that the participants and program officers are engaged in yoga practice under the guidance of Prof. Ramadas of EEE Department.

By 10.00 AM Lion club Dr.Prof.SS. Pari Parameswaran, MJF, District governor of lions club, Karaikudi and Lion Dr.Prof.N.Janakiraman, MJF, The second vice district governor of lions club, Karaikudi handled the next session. The next session was handled the volunteers to follow ABCDE formulas to enhance their personality.



Then 3.00 PM the participants, guests and program officers were taken for a local visit in and around the town. We visited the places like atangudi, Kanadukathan and Pillayarpatti. After that, explains about the architectural excellence of Tamil Nadu.

The incharge was handed over to the contingent leaders of the State Assam, Odisha and Puducherry. Day 3 end up at 10:30 pm.

Day 4

The Indian flag was hoisted by Dr. Baskaran, HOD of EEE Department. The participants and program officers did physical exercises. During the first session Mr. Prasanna Balaji gave a motivational speech to the participants, post lunch, the participants along with the program officers and organizers along with the program officers and organizers went for a rally, displaying their respective state cultural. A cultural National integration rally held on 13 th December at Karaikudi and it was well covered by News 7 TV channels.



Tamilnadu team at rally



The incharge was handed over to the program officers of Assam, Odisha and Puducherry. Day 4 was end up at 9.30 pm.

Day 5

The day started with flag hoisting by Prof.G. Pannerselvam HOD of Civil Engineering department of our Institution. After that the participants were engaged in yoga practise. The Intellectual session on that day was handled by Dr. Baskaran from Madras Kamaraj University. By 2.00 PM, Elocution was conducted and program officers from Kerala, Telugana and Puducherry judged the competition. In the Evening participants performed their cultural events.



Day 6

The trip to Rameshwaram was started by 6.30 AM. The first place visited during this trip was Dr.APJ kalam National memorial at Rameswarm very inspiring place followed by Swami Vivekananda Mani Mandappam, Dhanushkodi. The pamban bridge and kunthukal in rameswaram where swami

vivekanandan alighted on January 26th 1897 after his historic 1893 chicago conference



During visit



We are happy to visit Dhanshkodi on 15th December 2018 as a part of educational trip of national integration camp. The 1964 cyclone devastated the place. The remains of church building and old railway station .I also visited arichalmunai the southern last tip of land and beyond its full of ocean. Very

beautiful place and must see place in Rameswaram. And we took a plunge over “UNITY IN DIVERSITY”.

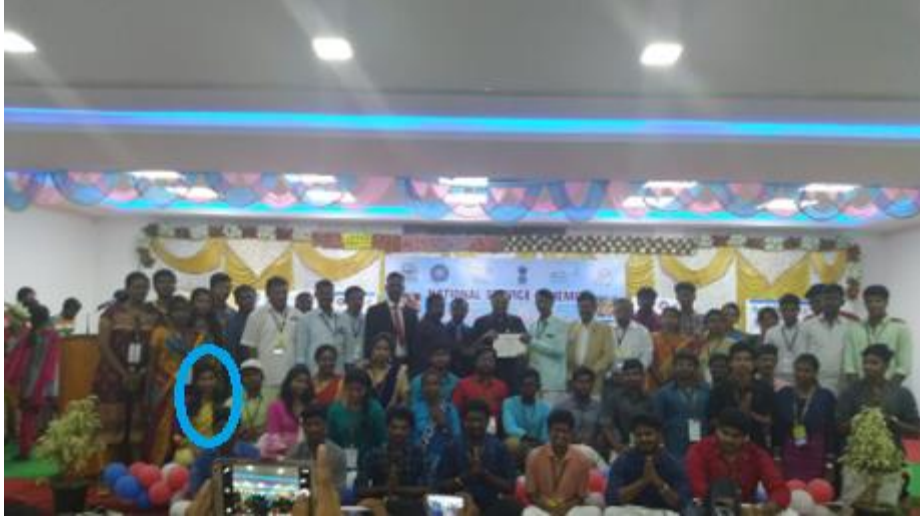


Finally the participants were taken to Ramanathan Swami temple at Rameshwaram and reached Karaikudi by 10.00 PM. After dinner day 6 was end up by 11.00 pm.

Day 7

In morning we had PET parade .A Valedictory function is arranged at the end of the camp. After the function certificate were distributed by all the contegient leader. The session end up at 2'o clock. All volunteers went to their Native places.





Camp Successful

Press Note



